**Personal Details:Name:** Suzanne Clare Belcher**D.O.B:** 10/04/1987**Address:**

7 Taft Street

Brooklyn

Wellington

**Mob:** +64 (0)2102664029 **Health:** Excellent, non-smoker **Driving**: Hold a clean full driving licence UK and NZ

**Visa:** Resident of New Zealand

**Education:**2010 - 2012 Sheffield Hallam - MSc Sport Injury Management and Therapy

2005 - 2008 Keele University - Physiotherapy Bsc (Hons) 2000 - 2005 Oundle Prince William School

**Professional Affiliations:**

* Health Practitioners Competence Assurance Act (HPCA) and Annual Practicing Certificate (APC)
* Health and Care Professions Council (HCPC)- 2016
* New Zealand Pain Society

**Previous Employment**

1. **Current Position - Manager and Provider Mentor for Hutt Region Proactive Clinics**

**ProActive Physiotherapy (Oct-13-Present)**

Manager of an extended team of 12 practitioners and administration staff in two busy clinics. Act as a sports specialist cover for national level athlete's that come through our clinics and as head physiotherapist for Capital Women's Hockey. Lead mentor for clinical expertise and service provision in all areas of our company.

Key responsibilities and achievements include:

* Specialising in Sports injury rehabilitation, pre-habilitation/conditioning sport specific screening and performance improvement.
* Leading Multi-disciplinary Team (MDT) meetings, discussing individual cases from a whole team perspective and to utilise all specialties knowledge for better sustainable client outcomes.
* Being the lead and mentor for researching clinical excellence in safe, fast and effective rehabilitation and performance development.
* Working with High Performance Wellington alongside Strength and Conditioning coaches for Capital Hockey, Black Sticks and Silver Fern development athletes. Treating and working with national cricket indoor and outdoor players (Firebirds and Blaze).
* Developing the annual company in-service and learning program, teaching many courses or seminars myself. Focusing on exercise physiology, biomechanics, our companies performance package for athlete's and building partnerships with our keystakholders.
* Helping develop Proactive sports clubs and performance contracts in the surrounding Wellington area. This involves searching for suitable localised clubs and teams whom wish to use our services not only when injured but for conditioning and performance improvement purposes.

1. **Previous Position - Sports Specialist Physiotherapist**

**Kim Baxter & Associates Physiotherapy and Sports Injuries Clinic (Sep-12-Aug-13)**

Self-employed sports specialist physiotherapist. Brought into the company to help increase revenue, market services and develop our sports performance sector.

Key responsibilities and achievements included:

* Acting as advisor for difficult cases and building relationships with external sports groups.
* Working with GB Orienteering to build the exercise conditioning programs for their development camps.
* Creating video-captured sports specific screening assessments and computer based reports, attempting to replicate sports actions, simulating movements such as golf swing.
* Developing social media devices and pages to help advertise the clinic, gain new sources of revenue and as an updated source of useful information for our clients.

1. **Previous position -** **Head Physiotherapist**

**Yorkshire Regional Netball Squad- (Nov-12-Jul-13)**

Head physiotherapist for the Yorkshire Netball development squad. This squad would directly supply England Netball with talented athletes; to join their U18 team.

Key responsibilities and achievements included:

* Video recorded specific skills (leaping, landing, footwork, throwing and catching) to obtain key common problems with movement or technique, then used specific screening assessments of the whole body to further improve alignment faults.
* Created performance activity sheets that the squad could take home as an activity pack, the intention being for the young athletes to start thinking as professional/elite athletes.
* Ran teaching sessions alongside the coaches, focusing on how to plan a training regime, advice on nutrition and hydration and taking responsibility for their own development, health and needs.
* Alongside my position for the Yorkshire Regional development Squad, I also covered Netball Talent League matches and England matches as needed on a free-lance basis.

1. **Previous Position- Sports Specialist Physiotherapist**

**Universal Wellbeing Physiotherapy Clinic and Talented Athletic Scholarship Scheme (TASS) (Sep-11-Aug-12)**

TASS is a unique government backed partnership between talented young athletes, educational institutes and National Governing bodies of sport. Focused on working with a diverse support staff to achieve performance excellence.

Key responsibilities and achievements included:

* Managing twenty plus TASS athletes all at a national or international level in a wide variety of sports. Including paralympic wheelchair basketball, equestrian and ski team athletes.
* Travelling as the medical liaison and Physiotherapist with GB Bobsleigh at both the Youth Winter Olympics and World Championships, GB Women's Ice Hockey at the World Championships, GB Canoe team in Wisconsin for the 2012 Canoe Slalom World Championships Under 23 and Junior event. Created a triage clinic for European Wheelchair Basketball Championship heats in Sheffield and Physio for Sheffield Steelers, including Olympian Terry Bywater.
* Working at the Sheffield Uni Olympic base camps for both Olympic GB Volleyball and Brazilian Judo teams prior to the London Olympic Games.
* Worked very closely with strength and conditioning coaches to help design performance programs to meet their specific sports demands, whilst liaising with nutritional or psychological support team members if issues arose on individual cases.
* Wrote individual reports for each athlete which were sent to TASS head office for statistic checks and investigation for any injury patterns or talent patterns discovered from the data.
* Took part in annual conferences for TASS to discuss the performance, talent identification and development of the whole Sheffield University HUB.

1. **Previous Position - Business Owner and Director**

**NewGen Physiotherapy (Mar-10-Sep-12)**

Business owner and director of a small physiotherapy practice, created to maintain my treatment expertise during my Masters education.

Key responsibilities and achievements included:

* As I solely managed the business, I had to produce presentations, budget my finances and lead business meetings to secure contracts.
* Secured a contract as head physiotherapist for the Sheffield Shadows Women's Ice Hockey Team. Travelled to Europe for the European Cup Qualification Rounds in Latvia.
* I offered consultation sessions looking specifically at technique, to reduce further injury or utilising their weaknesses/strengths for amateur to world class sportsmen/women. This meant travelling and treating from, pitch, court, rink or track side to get a more accurate player perspective.

1. **Previous Position-Rotational and then Bank Contract Physiotherapist**

**Rotherham General Hospital** **(Dec-08-Aug-13)**

Physiotherapist rotating around the different hospital specialties to gain breadth of knowledge and understanding for all medical and rehabilitation needs.

Key responsibilities and achievements included:

* Member of the emergency on-call trained physiotherapist team undertaking initial assessments of the patient, through auscultation, x-ray, arterial blood gases (ABG's) etc.
* Part of an acute knee clinic designed for immediate trauma assessment, directly working alongside an orthopaedic surgeon and radiologist to create an immediate care pathway delivery system..
* Presented daily at the orthopaedic trauma meeting with the consultants to help organise my clinical ward around very tight deadlines and work pressures.
* Worked in speciality areas of rehab including neurological outpatient department and amputees.
* Created working relationships with a diverse variety of clients and team members from a range of differing, cultures, religions or social backgrounds.

**Key Skills:**

**Specialist Qualification Knowledge and Experience:**

* Strong clinical knowledge through practicing in a wide variety of specialities including sports elite performance, biomechanical assessment, chronic pain services, burns, amputees and neurological conditions. Which has given me a unique and empathetic insight in to the world of Para-sports and the fantastic benefits, purpose and joy sport can bring to peoples' lives.
* I specialise in movement analysis and utilise this knowledge to improve athlete's performance, look at talent development and reduce injury risk in a variety of sports.
* Have acted as the travelling physiotherapist and medical liaison for several international and Olympic level athletes in a variety of Winter, Summer and Paralympic sports.
* Worked closely with strength and conditioning coaches, coaches, sports psychologists and nutritionists in a high performance environment.
* Regularly presented findings at joint team meetings to help coaching staff decide on athlete training programs, talent development and game line-up.
* Undertook an MSc to specifically develop my knowledge of other support staff roles in the high performance/elite sporting field.

**Managerial:**

* Managed and utilised my knowledge of my teams personality types to achieve the most efficient, effective, comfortable and cohesive team environment
* In my current role at Proactive I manage the clinics annual budget and report on its effective utilisation in different areas. I also lead external courses or presentations to build awareness of my company’s extensive product options or rehabilitation programs.
* As the owner and director of NewGen Physiotherapy I took on the responsibilities of administration, publicity/advertising, sales and financial control.

**Leadership, Teaching and Mentoring:**

* I have held various leadership, teaching and mentoring positions in different environments, with very unique team groups and sizes.
* Been responsible for teaching my teams the protocols, legislation or directives of my company
* Leader in my areas of sport, vocational return to work and services (fire, military and police)
* Previous completion of officers selection board for the Royal Army Medical Corp as a second lieutenant. Passing for my determination, confidence in decision making , problem solving skills and leadership.

**Communication and Interpersonal Skills:**

* I have excellent verbal and written communication skills. I have a high level of computer literacy and use new technologies to increase the effectiveness of my teams program creation, project development and teaching skills.
* Regularly correspond with external sources (key stake holders, contract managers, sports governing bodies, surgeons etc) and pride myself on the friendly and effective partnerships I have developed with these.
* Presented at many talks, courses, symposiums and to national governing sports boards.
* Customer service and delivering excellent results to clients has been a key to all my roles.

**Continuing Education**

* Advanced Sports Massage Course- ACPSEM- 28Hrs- 29-30/09/2012 & 27-28/10/2012
* Sports Taping Course- ACPSEM in association with EIS Sheffield- 14Hrs- 25-26/02/2012
* Pitch-side Advanced First Aid course- ITC First Aid Ltd- 14Hrs- 11/09/2011
* Health Records- Rotherham General Hospital- 7Hrs- 16/03/2011
* On-call Emergency Respiratory Care Training- Rotherham General Hospital- 60Hrs-29/06/2010
* Conflict Resolution Course- Rotherham General Hospital- 7Hrs- 17/05/2010
* AACP Foundation Acupuncture Course- Rotherham general Hospital and AACP- 80Hrs- 16/04/2010
* Strapping and Taping Course- GB Gymnastics in association with ACPSEM- 7Hrs- 06/03/2010

**Interests**

I am a very sociable and outgoing person, who loves to be active in the outdoors. I spend much of my time keeping fit and healthy through activities such as kayaking, hiking, and snowboarding. I enjoy setting myself new and exciting challenges throughout my life and when possible combine it with travelling and exploring the world. I try to always be a helpful member of the community, whether through raising money for charity or offering time and voluntary hours to local services to promote good health and well-being.

**Referees - Available on request**