



2017 Incarnation Intramural Volleyball

Sign-up Deadline - Oct 27 2017

The Incarnation Intramural Volleyball Program is open to boys and girls in 3rd grade at Incarnation School, Homeschool, and Incarnation PREP students.

This program is a FREE recreational program that stresses fun, good sportsmanship, equal participation, teamwork and the fundamentals of Volleyball. NO EXPERIENCE NECESSARY!!!!

The season will run on the weekends in November and will consist of a 30 minute practice followed by a 45 minute game.

Please register on the Incarnation CYO website www.incarnationcyo.org

Please consider coaching a team. This program needs volunteers to succeed. (I can provide entry level drills for practice for those who need assistance)
Older siblings (7th grade or older) can assist.

****all volunteers need to be VIRTUS certified in order to coach a team****

Please direct any questions to Elizabeth Gerlach at elzfb@aol.com or 937-901-8841